



It Pays to Win on Defense: A Game-Based Soccer Approach to Developing Highly Effective Defenders

By Dr James E Jordan

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Named to US Youth Soccer s Recommended Reading List in September, 2015, It Pays to Win on Defense is a book for soccer coaches who are looking for the most effective way to engage all of their players all of the time in order to teach them how to best keep the ball out of their own team s goal! The book provides an all-encompassing framework for instilling the skills and mindset necessary for highly effective defenders. By combining educational theory and making everything a competition, coaches can maximize their practice time and teach that defending concepts are not just limited to certain players (e.g. the centre backs or the defensive midfielders). As I tell my teams, when we don t have the ball, EVERYONE is a defender. Therefore, EVERY player on your team needs to know how to defend and defend well! Whether you are an experienced coach or a volunteer parent just starting out, there is something for everyone in this book. It Pays to Win on Defense includes 50 games that bring...

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[7.41 MB]

Reviews

Absolutely essential read publication. it absolutely was writtern very completely and valuable. It is extremely difficult to leave it before concluding, once you begin to read the book.

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-- *Lindsey Larson*

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