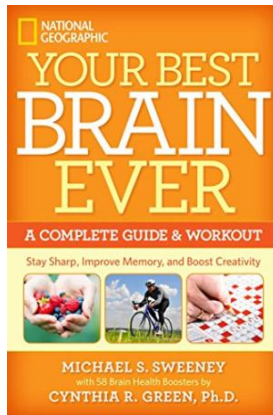


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## YOUR BEST BRAIN EVER: A COMPLETE GUIDE AND WORKOUT



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