



## Understanding Stammering or Stuttering: A Guide for Parents, Teachers and Other Professionals

By Elaine Kelman and Alison Whyte. Foreword by Michael Palin

Jessica Kingsley Publishers, Inc, 2012. Softcover. Book  
Condition: New. Parents and teachers of children who stammer (or stutter) may see their child suffering with embarrassment, frustration or anxiety but feel at a loss as to how best to help. This book explains the characteristics of stammering and uses illuminating first-hand accounts to demonstrate the common feelings of anguish experienced and provide clarity on what the child is likely to need in terms of support at home, school and in social situations. Packed with helpful advice for carers about how to build a child's confidence, it presents a variety of techniques and tips to alleviate the stammer and improve self-esteem and school performance. This accessible resource will shed light on the perplexing nature of stammers, enabling those who care for children affected to find answers and get the best possible help. Elaine Kelman is a speech and language therapist. She has worked in the field of stammering for over 25 years and at the Michael Palin Centre for Stammering Children since it opened in 1994. She is a specialist in the treatment of stammering and works with children of all ages as well as adults. She works extensively with parents, teaching...



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